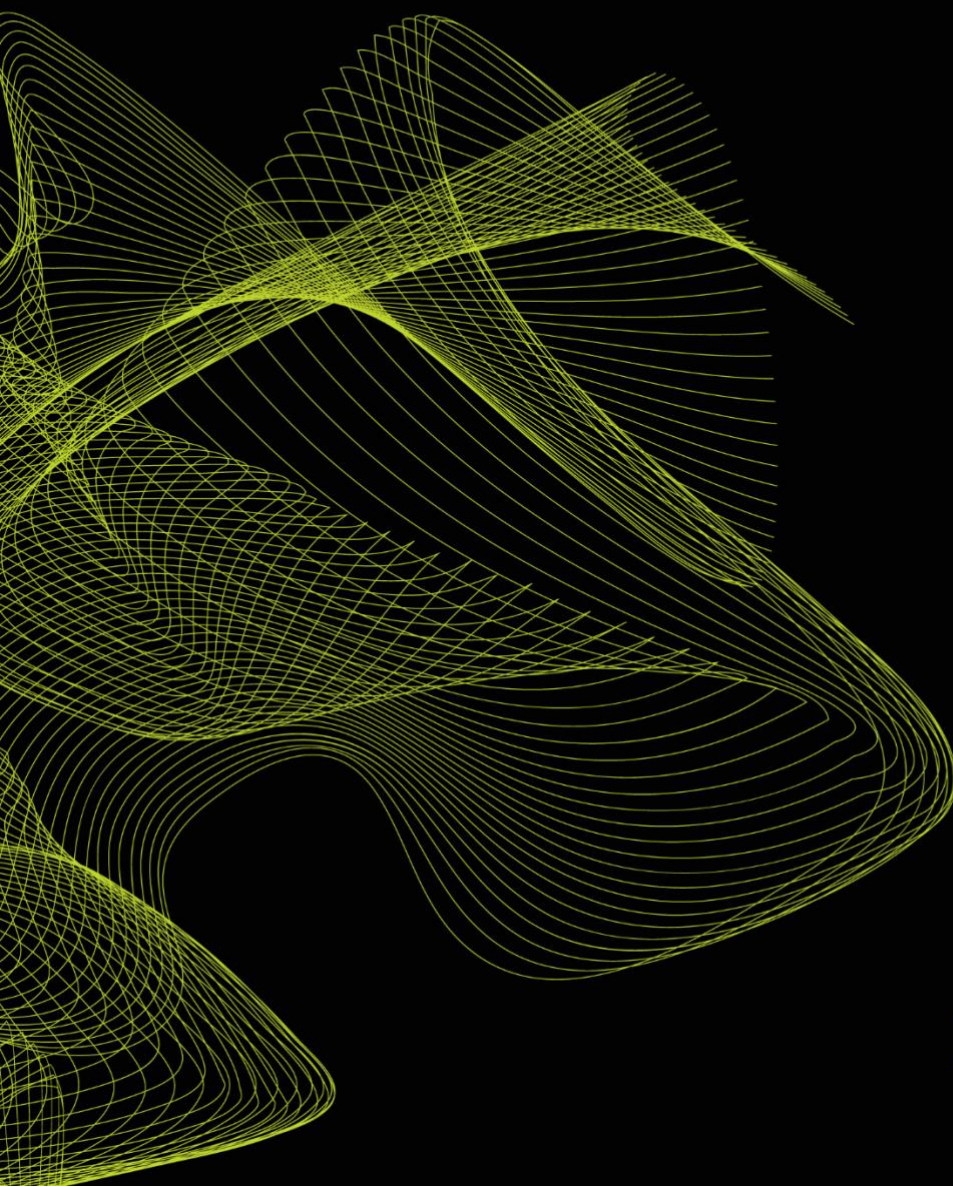




Team Handbook

EuroGym & European
Gymnastics for Life Challenge

Pistoia 2026



Sport Starts Here.



Team Handbook

EuroGym & European Gym for Life Challenge

Pistoia, Italy 2026



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Section 1 – EGfLC & EuroGym Pistoia, Italy 2026.

1.1 Welcome

Welcome to your official EuroGym and European Gym for Life Challenge 2026 (EGfLC'26) Team Handbook, enclosed you will find information relating to both events which take place in Pistoia, Italy in July. The purpose of the Team Handbook is to help support your team with event specific details and is to be used in conjunction with the GfA International Travel Policy 2025 and GfA International Event Participation Policy 2025 (These policies are currently under review and will be made available shortly).

Gymnastics Ireland is here to support you and your team throughout all aspects of your journey to EuroGym and EGfLC, to ensure you have a safe, enjoyable, and lifelong experience. Please read through all information provided.

Please be advised that teams can participate in EGfLC only, EuroGym only, or both.

1.2 What is EGfLC?

The European Gym for Life Challenge (EGfLC) is organized by European Gymnastics (EG) and is held every two years the days before EuroGym. EGfLC 2026 will take place in Pistoia, Italy from 8th July to 12th July 2026.

EGfLC lasts for 1-3 days, depending on the number of groups. The Challenge is open for everyone from 12 years and older. The European Technical Committee for Gymnastics for All (ETC-GFA) and the Local Organising Committee (LOC) can take a random test during the event, and if there are participants younger than 12 years old, the group can be disqualified.

Groups consisting of a minimum of 6 gymnasts can participate in this Gymnastics for All event and have their program evaluated. The aim is to improve the quality of group performances by giving an evaluation and feedback, including advice on how to improve. The duration of the performance is a maximum of 5 minutes. This is the maximum performance time, entry and exit is not included. **The music must not exceed 5 minutes.**

Each performance will be evaluated according to the following criteria:

- Entertainment value and overall impression
- Innovation and originality
- Technique, quality and safety
- Variety and diversity

The evaluation will be carried out by a panel of 4 experts who are experienced in the fields of performance, artistry, technique and choreography. Feedback will be given directly to the coach by a skilled choreographer.

1.3 What is EuroGym?

EuroGym is the largest international gymnastics festival that brings together young gymnasts from different European countries. EuroGym 2026, in Pistoia, Italy.

EuroGym is not a competition but rather a non- competitive gymnastics festival that focuses on promoting the sport of gymnastics and fostering friendship and cultural exchange between young athletes from different countries. The event typically includes gymnastics performances, workshops, cultural activities, and social events.

PARTICIPANTS PER GROUP		# PARTICIPANTS ALLOWED THAT ARE YOUNGER AND/OR OLDER
FROM	UNTIL	
6	9	0
10	15	1
16	25	2
26	35	3
36	45	4
46	55	5
56	56	6

EuroGym is open to gymnasts between the ages of 12 and 18 who are members of European Gymnastics- affiliated with national gymnastics federations. A group that has 10 participants (or more) can include younger participants (10 and/or 11 years old) and older participants (19 and/or 20 years old) according to the table below. Coaches may not take part in a performance as gymnasts. Groups must consist of a minimum of 6 gymnasts.

1.4 Useful Websites

You will find more information on EuroGym and EGfLC Regulations at the link below:

<https://www.europeangymnastics.com/page/rules>

You will find more information on the Gymnastics Ireland's website in the Gymnastics for All section <https://www.gymnasticsireland.com/discipline/gymnastics-for-all>

If you need further clarification, please contact angela@gymnasticsireland.com

Note: A Sprung Floor will not be available at this event, Rollable floor mats, School mats, an Air track and Landing mats foam core will be available.

Section 2 – Event Details

European Gym for Life Challenge (EGfLC)

2.1 EGFL & EuroGym Head Quarters

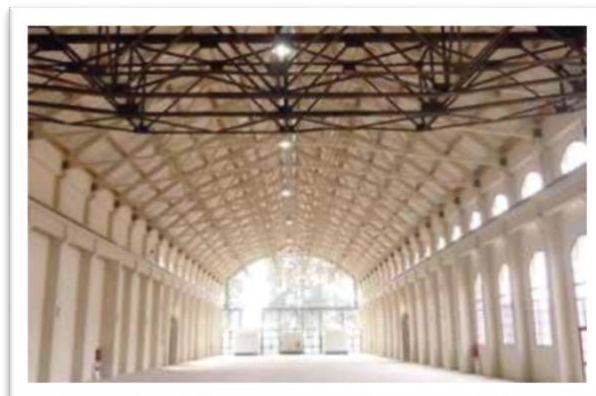
Location: EXHIBITION CENTER LA CATTEDRALE

Dates: 8th – 16th July

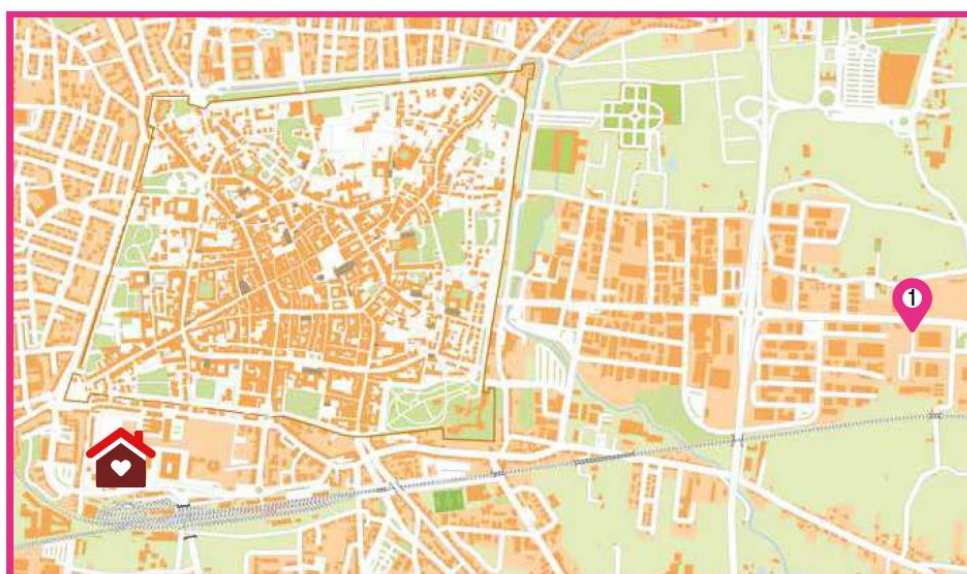
This will be the main venue for accreditation and the info desk. It will also be the main catering area where gymnasts and coaches will get their lunch and dinner.

Full List of services:

- Accreditation
- Info-desk
- Main catering area
- Secretariat
- Accommodation
- Merchandising
- Press Office
- Photo service
- Wi-fi Area
- Meeting rooms
- First Aid
- Entertainment



EGfLC Map



HEADQUARTER
EXHIBITION CENTER LA CATTEDRALE



SPORT FACILITY
PALA CARRARA SPORT HALL

2.2 EGfLC Event Details

Location: Pala Carrara Sport Hall

Date: Saturday 9-11th July

Capacity: 7,000

Area: 20x30m

The European Gym for Life Challenge 2026 will run from the 8th of July to the 12th of July. EGfLC'26 is promised to be filled with forgettable moments including:

- European Gym for Life Challenge Contest
- FunZone – New, this will be the first time EGfLC will have a FunZone.
- EGfLC Party

	July 8 th WEDNESDAY	July 9 th THURSDAY	July 10 th FRIDAY	July 11 th SATURDAY	July 12 th SUNDAY
Morning 7-12 am	NO BREAKFAST	BREAKFAST AT SCHOOLS			
	Arrivals	HOD AND GROUP LEADERS MEETING ----- EUROPEAN GYM FOR LIFE CHALLENGE	EUROPEAN GYM FOR LIFE CHALLENGE	EUROPEAN GYM FOR LIFE CHALLENGE	Departures
Afternoon 12 am - 6 pm	NO LUNCH	LUNCH			NO LUNCH
	Arrivals	EUROPEAN GYM FOR LIFE CHALLENGE	EUROPEAN GYM FOR LIFE CHALLENGE	EUROPEAN GYM FOR LIFE CHALLENGE	Departures
Evening 6 pm - 11 pm	NO DINNER	DINNER			NO DINNER
	Arrivals	EUROPEAN GYM FOR LIFE CHALLENGE	EUROPEAN GYM FOR LIFE CHALLENGE	EUROPEAN GYM FOR LIFE CHALLENGE ----- EUROPEAN GYM FOR LIFE CHALLENGE PARTY	

Team performance details will be issued closer to the event. EGfLC has been extended to 3 days, based on the expected number of groups.

2.3 EGfLC warm-up and rehearsal

Location: Pala Carrara Sport Hall

Date: Friday 9th to Saturday 11th July

Capacity: 7,000 Area: 20x30m

More details will be available in due course.



2.4 EGfLC Performance

The groups present a performance of a maximum of 5 minutes. This is the maximum performance time, entry and exit are not included. **The music must not exceed 5 minutes.**

If large apparatus is used, the group may use one minute for placing and removing the equipment. This minute is to be without music and is used **ONLY** for moving the equipment/apparatus. It is not considered part of the performance.

The music must be delivered to the LOC two months in advance to be checked for quality and duration. Deadline date TBC

All groups will get rehearsal time. The rehearsal time for each group depends on the number of groups taking part.

The Contest will take place indoor with a performance area of 20 x 30 meters in total.

2.5 EGfLC Categories

The main objective of the EGfLC is to improve the quality of performances. The TC-GFA focuses on the “show effect” which means attractiveness for the spectators.

The number of categories depends on the number of groups participants to EGfLC.

The TC-GFA can change the format of categories depending on the number of registrations (e.g. large groups/small groups, etc. with or without apparatus).

2.6 EGfLC Apparatus

It will be provided standard portable gymnastics apparatus such as:

- Springboard
- Roller mats
- Tumbling track
- Landing area TeamGym
- Vaulting table
- Vault runway

- Trampoline – TeamGym incl. rear guard
- Trampoline – open incl. rear guard
- Trapezium – foam
- Safety mats
- Landing mats
- AirTrack

The groups may ask for other standard gymnastics equipment in the registration form, and the LOC will provide the equipment if it's possible. Smaller props or special equipment must be brought by the groups.

More information and pictures of all the apparatus will be provided in due course.

2.7 EGfLC Evaluation

Each performance will be evaluated according to the following criteria:

- Entertainment value and overall impression
- Innovation and originality
- Technique, quality and safety
- Variety and diversity

All parts have equal value, up to 5 points per criteria. The evaluation will be carried out by a panel of 4 experts who are experienced in the fields of performance, artistry, technique and choreography. This panel is invited by the TC-GfA. The Evaluators will be directed by a supervisor before, during and after the event. The supervisor is appointed by the TC-GfA.

Each Evaluator has a total of 20 points, 5 per criteria. After each performance the Evaluators give the 4 scores/criteria and the total score.

All scores are given independently. The 4 scores are added (max. score is therefore 80).

2.8 EGfLC Feedback

The Contest will have a minimum of 3 Feedbackers, who must be experienced in choreography. The experts giving feedback will be appointed by the TC- GfA.

The feedback includes positive points from the performance and recommendations on how the performance can be improved. The feedback will only be given to a coach or a choreographer.

The feedback will be given directly after the performance.

Each coach/choreographer will meet the Feedbacker in a place indicated at the Coaches/ Head of Delegation meeting.

2.9 EGfLC Results

The scores will be used to establish an internal ranking list which will not be distributed. All groups receive a trophy; all gymnasts receive a medal and a diploma. European Gymnastics will also hand out some special diplomas.

The results will be announced, and the prizes will be handed out after the Contest.

2.10 EGfLC FunZone and Evening Parties

For the first time there will be a FunZone for the EGfLC participants, organized by EuroGym 2026's young leaders.



2.11 EGfLC and EuroGym Flashmob

EuroGym and EGfLC have their own flash mob! This will be performed at every event and social gathering during both events.

[Flash mob tutorial EGFL&EUROGYM 2026 – Eurogym 2026 Pistoia Italy](#)

EuroGym

2.12 EuroGym Event Details

EuroGym 2026 will take place from 12th July to 16th July 2026, in Pistoia, Italy, with both day either side travel days. EuroGym is promised to be filled with forgettable moments including:

- Opening Ceremony & Parade
- Group performances (exhibitions)
- Workshops
- Educational Forum
- Cultural Activities and Excursions (at an additional cost)
- Fun zones and parties
- Gala & Closing Ceremony

	July 11th SATURDAY	July 12nd SUNDAY	July 13th MONDAY	July 14th TUESDAY	July 15th WEDNESDAY	July 16th THURSDAY	July 17th FRIDAY
	NO BREAKFAST	BREAKFAST AT SCHOOLS					
Morning 7-12 am	Arrivals	Arrivals	Head of delegation Meeting ----- Workshops	Head of delegation Meeting ----- Workshops	Head of delegation Meeting ----- Workshops	Head of delegation Meeting ----- Workshops	Departures
	NO LUNCH	LUNCH					NO LUNCH
Afternoon 12 am - 6 pm	Arrivals	Orientation Meeting for HOD, Group Leaders and Gala coaches	City performances	City performances	City performances	Eurogym Gala rehearsal	Departures
	NO DINNER	DINNER					NO DINNER
Evening 6 pm - 11 pm	Arrivals	Parade and Opening Ceremony ----- Welcome Party	Funzone EUROGYM PARTY	Educational Forum ----- Funzone EUROGYM PARTY	Funzone EUROGYM PARTY	Eurogym Gala and Closing Ceremony ----- Goodbye Party	Departures

2.13 Opening and Closing Ceremony

Opening Ceremony:

Location: Stadio Marcello Melani

Date: Sunday 12th July

Capacity: 7,000

The Opening Ceremony is always an important moment at an event. At a Gymnastics for All event, it means that the show and the party will begin.

Closing Ceremony:

Location: Stadio Marcello Melani

Date: Thursday 16th July

Capacity: 7,000

The Closing Ceremony will also be held in the MARCELLO MELANI STADIUM. It will take place after the EuroGym Gala and will be followed by an unforgettable farewell party.



2.14 EuroGym Parade

The parade for the Opening Ceremony will take place in the Pistoia Historic City Centre, and participants will walk through the streets of Pistoia. The Parade will start from four different points of the historic centre and will end at MARCELLO MELANI STADIUM with an exceptional Opening Ceremony for EuroGym 2026. All participants will march on, as instructed on the day, wearing their official IRL GfA kit.

2.15 EuroGym City Performance

Dates: Monday 13th – Wednesday 15th July

The city performances will take place at three different stages in the main squares of Pistoia's city centre.

Each Group will present their performance twice during the week. A group must consist of a minimum of 6 gymnasts.

Stage performances cannot be longer than 5 minutes, excluding preparation of the stage and marching in and out.

Participants can visit the stages in the morning, but there will be no opportunity for rehearsals at the stages before the city performances.



Stage 1:

(performance area: 14 x 20 meters)

Stage 2:

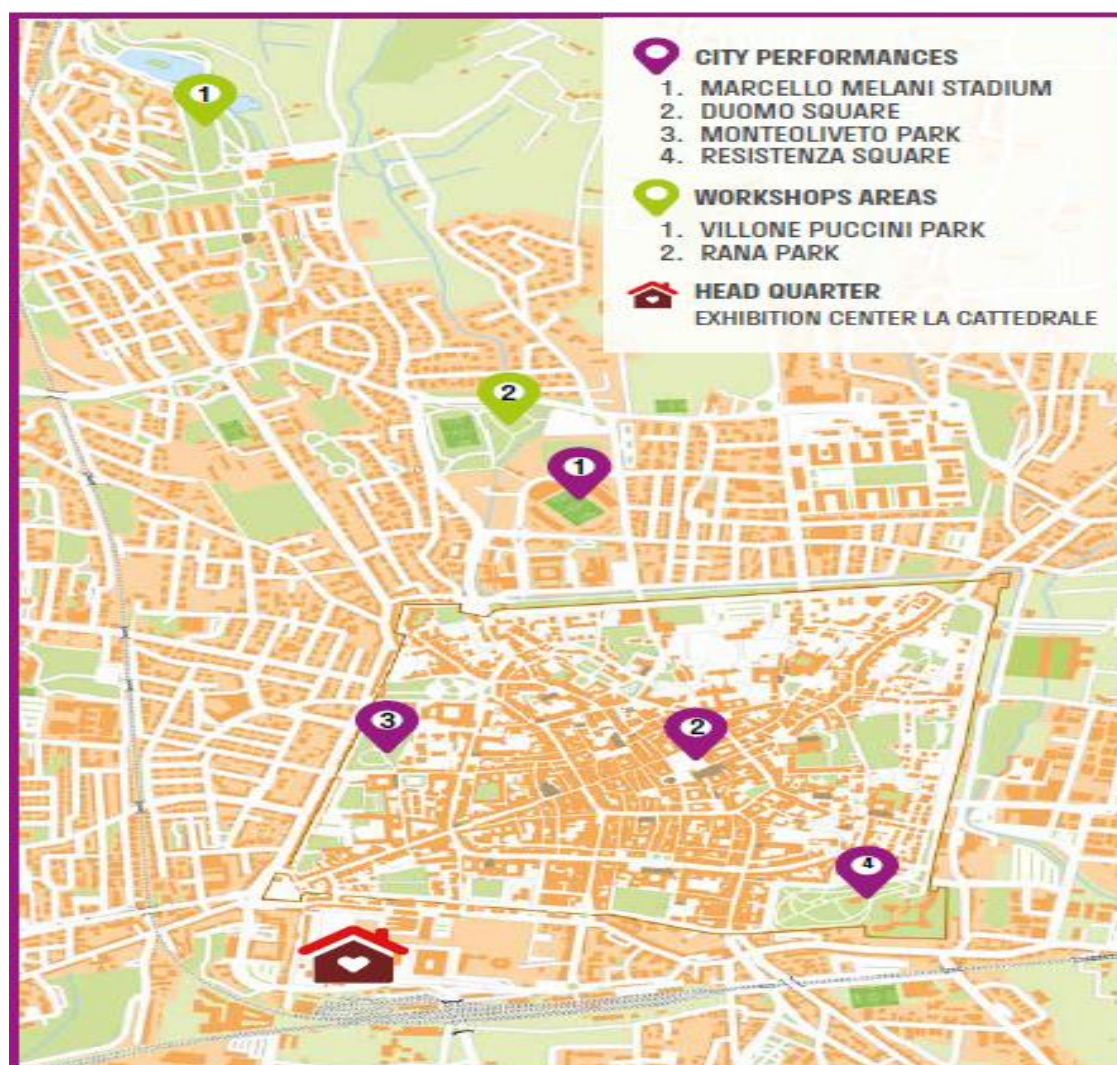
(performance area: 14 x 14 meters)

Stage 3:

(performance area: 14 x 14 meters)

Potential locations:

- Marcello Melani Stadium
- Duomo Square
- Monteoliveto park
- Resistenza square



2.16 Apparatus

Below is a provisional list of apparatus that will be available upon request. More details will follow.

- | | | |
|------------------------|-------------------------|-----------------------|
| • AIRTRACK | • ROLLER MATS | • TRAMPETTE – TEAMGYM |
| • FLOOR MATS - ROLL UP | • SAFETY MATS | INCL. REAR GUARD |
| TRACKS | • SPRINGBOARD | • TRAPEZIUM – FOAM |
| • LANDING AREA TEAMGYM | • TRAMPETTE – OPEN INCL | • VAULT RUNWAY |
| • LANDING MATS | REAR GUARD | |
| • PEGASUS | | |

2.17 Educational Forum

The LOC is working on some topic suggestions for the Forum.

These are some topics they have propose are:

- Gymnastics psychology and mental performance coaching.
- Emotional management in gymnastics, techniques and strategies for gymnasts and coaches.

The Forum will have both a theoretical and a practical part. More information will be available in due course.

2.18 EuroGym Gala

Location: Stadio Marcello Melani

Date: Thursday 16th July

Capacity: 7,000 Area: 20x20m (roller mats 14x20m)

The EUROGYM GALA is a great colourful show that gives expression to the variety existing in Gymnastics for All (GfA) with the focus on creativity, entertainment and originality!

The theme for the Gala Show is “The Italian Meraviglia”. “Meraviglia” means wonder or awe: a feeling of amazement and admiration that arises before something extraordinary, awakening joy, curiosity, and a renewed sense of beauty.

The performances that will participate in the Gala are decided upon by the European Gymnastics GFA Technical Committee, prior to the event. Each performance must be no more than 3 minutes long and should focus on the FIG criteria as assessed for EGFL.

Gymnastics Ireland will receive a letter from European Gymnastics outlining the conditions for applying to register groups for the Gala.

2.19 EuroGym FunZone

From the 13th to the 15th of July, EuroGym will host a FunZone with different themed parties and activities.

More details will be available in due course.

2.20 EuroGym and EGfLC Flashmob

EuroGym and EGfLC have their own flashmob! This will be performed at every event and social gathering during both events.

[Flash mob tutorial EGfLC & EuroGym - Pistoia 2026](#)

2.21 EuroGym Workshops

DANCE	GYMNASTICS	SPORT GAMES
AERIAL DANCE	ACROBATIC GYMNASTICS	AEROBIC
BODY PERCUSSIONS	ARTISTIC GYMNASTICS	ATHLETICS
BREAK DANCE	PARKOUR	BASKET
CHEERLEADING	RHYTHMIC GYMNASTICS	BUBBLE FOOTBALL
COUNTRY DANCE	SPECIAL COREOGRAPHY	CALISTHENICS
FLAG POLE	TEAM GYM	CROSS-FIT
HIP HOP	TRAMPOLINE	FIELD HOCKEY
ITALIAN TRADITIONAL DANCE		FITBALL
JAZZ GYMNASTICS	EXPRESSIVE ACTIVITIES	FUNCTIONAL TRAINING
MODERN DANCE	FLAG WAVING	FUTSAL
ZUMBA	HAIR AND MAKE UP	GAG
		JUGGLING
MARTIAL ARTS	NATURAL SPORT	LAUGHT YOGA
KARATE	ARCHERY	PADEL
JUDO	HIKING	PILATES
TAEKWONDO	MOUNTAIN BIKE	RUGBY
	NORDIC WALKING	SKATING
	ORIENTEERING	SLACKLINE
	ULTIMATE FRISBEE	TENNIS
		VOLLEY

There will be lots of different workshops during the week, and all groups will be provided with four different workshops. This is the provisional list with workshops that the LOC want to provide. More information will be available in due course.

Section 3 – Trip Information

3.1 Delegation Management Team

Gymnastics Ireland will be responsible for all registrations on behalf of the Irish Delegation. To ensure the wellbeing and safety of each member the Delegation Management Team (DMT) will consist of a Head of Delegation (HOD), with the support of additional support staff and Team Manager. The size of the DMT will depend on the size of the Delegation.

It is vital that every team has familiarised themselves with both Gymnastics Ireland GfA Policies as it will explain each of the roles and responsibilities expected from everyone attending.

GfA International Travel Policy 2025

GfA International Event Participation Policy 2025

(These policies are currently under review and will be made available shortly)

3.2 Team Manager, Head Coach, Coaches and Chaperones responsibilities

Full details of roles and responsibilities for each member of the team can be found in the GfA International Travel Policy 2025 (This policy is currently under review and will be made available shortly).

Alongside the duties expected of each role, adult delegation member's additional individual responsibilities during the event are as follows:

- Be responsible for all gymnasts throughout the entire event, ensure that the safety and wellbeing of the gymnasts is the foremost priority.
- Ensure that gymnasts are supervised at all times.
- At least one qualified First Aider is a named adult delegation member
- The delegation members are qualified / suitable for the allocated role
- Ensure ratios are adhered to: GI always recommends a minimum of 2 adult to 16 children for international events.
- Be responsible for all travel to and from venues for your gymnasts and coaches, i.e. planning routes via public transport or on foot, etc.
- Ensure there is regular communication within your team and update all relevant information from Coaches/team meetings etc.
- Ensure there is regular communication with your team and the HOD/DMT, passing on relevant information in a timely manner.
- Ensure there is regular communication with parents and spectators passing on all relevant information from both GI and the event organisers.

- Read all the relevant event information, including Codes of Conduct and GI policies, before attending and be able to relay this to team members.
- In the event of an incident or accident, the adult member involved must complete their own incident/accident form in an efficient manner.
- Be responsible for your team at this event like you would if you were at an GI national event.

3.3 Family, friends and supporters

Parents, families, and friends may want to travel to support your team during the event, however, please make them aware that only GI approved Delegation members (participants, coaches, and chaperones) can be included in the package costs and gain event accreditation.

GI recognises the important role that parents/guardians play in the lives of our young gymnasts, parental/guardian support is welcomed at events.

If a parent/guardian wishes to travel in a personal capacity to an event in the role of a spectator where their son/daughter is representing Gymnastics Ireland, it is expected that they will refresh themselves of the Parents Code of Conduct, so ensuring that everyone understands their role and responsibility at the event.

3.4 Travel

It is the responsibility of each team to source their own flights, as they are not included in the GI GfA EGfLC and EuroGym package. Before purchasing flight tickets please be aware that as per the GfA International Event Participation Policy 2025 **GI must give approval before purchasing.** (This policy is currently under review and will be made available shortly)

Please be aware that teams are not permitted to travel on the days of Opening or Closing Ceremony.

There are no direct flights to Pistoia, Italy.

The 3 closest airports available for flight are:

- International Florence Airport 30 Km
- International Pisa Airport 49 km
- International Bologna Airport 110 Km

The LOC will arrange a shuttle service for transport from airports to hotels. Transfers to and from the airports are available to book via the LOC at an additional cost (TBC). More information will be available in due course.

3.5 Accommodation

All teams must stay in hotel accommodation, booked through GI. Depending on the event, GI will either select the official FIG/EG hotel or similar hotel accommodation. GI will choose the most appropriate hotel based on the size of the group, the event and the [Gymnastics Ireland Code of Ethics](#).

Once an appropriate hotel is confirmed, we will share the hotel details with the teams. We will ensure that the hotel meets the needs of the Delegation and is cost effective.

3.6 Catering

Catering will be included in the GI GfA EGfLC and EuroGym package. We have been assured that the LOC has partnered with a highly experienced company, whose focus will be on regional fresh products, healthy, nutritious Italian meals especially created for athletes.

3.7 Social Activities

During the EGfLC & EuroGym, it will be a great opportunity to get to know the city of Pistoia and the fantastic attractions it has to offer. In addition to the many Museums and National Monuments that it will be possible to visit, it will also be possible to visit other interesting tourist attractions that you can choose the one that best suits your group.

Please be aware that all social activities need to be preapproved by the HOD prior to planning, and additional costs will be covered by the team.

3.8 GI GfA International Kit

Official GI Kit

The official Gymnastics Ireland kit for GI GfA Internationals will include the following:

- Gymnastics Ireland GfA Black Zoodie
- 2 Gymnastic Ireland GfA lime green T-shirts

Kit can be ordered from quattro directly, details will be issued to teams once their place on the delegation is confirmed.



GfA official kit



GfA official kit

To reduce costs the following is mandatory but can be purchased by each member from a supplier of their choosing.

- Plain black sports leggings – **No Branding**
- Plain Black shorts or Skorts – **No Branding**

Casual Kit

The casual kit for GI GfA Internationals is not mandatory and is an alternative kit for rest days where gymnasts and coaches are not travelling or attending official events. It is the responsibility of the club to organise the printing of the casual kit. Clubs must gain approval from the HOD before purchasing and if the LOC logo is included this must also be approved beforehand.

- White T-Shirt or White Vest top with Ireland and Ireland Flag on Back (LOC Logo can be placed on front with approval)
- Plain black bag pack (no other branding) with Ireland Flag and with or without Ireland text printed



Front



Back



Front



Back





3.9 Accreditation

The cost of the participant card will be included in the GI GfA package, and will include the following:

EGfLC accreditation card only

- Entry to EGfLC contest
- Lunch and Dinner from Friday to Saturday
- Entry to all Ceremonies.
- FunZone
- Local Transportation to/from workshops/venues if needed

EuroGym accreditation card only

- Lunch and dinner Sunday to Thursday
- Entry to all ceremonies
- Participation in 4 workshops
- Two performances per team
- FunZone
- Local Transportation to/from workshops/venues if needed

Who can have accreditation?

- Coaches
- Gymnasts
- Chaperones

Parents and spectators will not get an accreditation and cannot take part in official events.

Section 4 - Registration and Price

4.1 Price & Payment Plan

The cost for this event is estimated based on 2025 prices and the predicted inflation rates for 2026. Gymnastics Ireland has made every effort to keep costs as low as possible without compromising standards, safety or overall experience for all. Should there be any changes to the prices below we will endeavour to provide sufficient time and communication to each team. We recommend that you communicate this to all participants and parents before they sign up to attend and commit to the costs.

The total estimated costs are listed below for each event **excluding flights**.

EGfLC Only

- Per gymnast: € 1250
- Per coach/ adult chaperone: € 1250

There will be 3 payment dates:

PAYMENT DATES	GYMNASTS:	COACHES/ CHAPERONES
28 TH NOVEMBER 2025	€250	€250
13 TH FEBRUARY 2026	€500	€500
27 TH MARCH 2026	€500	€500

The dates above are deadline dates for payment and will be non-refundable once place has been registered.

EuroGym Only

- Per gymnast: € 1550
- Per coach/ adult chaperone: € 1550

There will be 4 payment dates:

PAYMENT DATES	GYMNASTS:	COACHES/ CHAPERONES
28TH NOVEMBER 2025	€250	€250
23RD JANUARY 2026	€300	€300
27TH FEBRUARY 2026	€500	€500
27TH MARCH 2026	€500	€500

The dates above are deadline dates for payment and will be non-refundable once place has been registered.

Both EGfLC & EuroGym

- Per gymnast: € 2250
- Per coach/ adult chaperone: € 2250

There will be 4 payment date:

PAYMENT DATES	GYMNASTS:	COACHES/ CHAPERONES
28TH NOVEMBER 2025	€250	€250
23RD JANUARY	€500	€500
27TH FEBRUARY 2026	€750	€750
27TH MARCH 2026	€750	€750

The dates above are deadline dates for payment and will be non-refundable once place has been registered.



4.2 Package

- **Participant Card** – Performances, workshops and public transport included
- **Hotel accommodation** – For the duration of the event you sign up for
- **Catering** – For the duration of the event you have sign up for (Arrival and departure days may not be included)

Please note – airport transfers are not included in this cost.

4.3 Cancellation policy

No cancellations or refunds will be issued.

4.4 Registration

Before registering for EGfLC & EuroGym '26, please read the following GI GfA Policies: [GfA International Travel Policy 2025](#) and [GfA International Event Participation Policy 2025](#).

(These policies are currently under review and will be made available shortly)

1. Complete the Registration form - [Provisional Registration form European Gym for Life Challenge & Eurogym 2026](#) **Deadline date: 31st October 2025**
2. Each member of your team must complete the Financial Agreement [GI Financial Agreement - EGfLC / EuroGym 2026](#) within one month of registration deadline date.
3. Each member of your team must complete the Code of Conduct relevant to their role. Codes of conduct will be emailed to clubs after registration is received.

Section 5 - Important Dates

November 2025

- **14th November 2025** GfA Delegation forms for EGfLC & EuroGym 2026 to be completed and submitted. [Provisional Registration Form EGfLC & Eurogym 2026](#)
- **21st November 2025:** Financial Agreement to be completed and submitted. [GI Financial Agreement EGfLC & Eurogym, 2026](#)
- **28th November 2025:** First Payment of €250 per participant (gymnast/coach/chaperone) must be paid in full for your team. Invoice will be issued from GI prior to this date.

January 2026

- **23rd January 2026:** Second Payment (If applicable)
 - EuroGym €300 per participant (gymnast/coach/chaperone) must be paid in full for your team. Invoice will be issued from GI prior to this date.
 - Both EGfLC & EuroGym €500 per participant (gymnast/coach/chaperone) must be paid in full for your team. Invoice will be issued from GI prior to this date.

February 2026

- **27th February 2026:** Third Payment
 - EGfLC €500 per participant (gymnast/coach/chaperone) must be paid in full for your team. Invoice will be issued from GI prior to this date.
 - EuroGym €500 per participant (gymnast/coach/chaperone) must be paid in full for your team. Invoice will be issued from GI prior to this date.
 - Both EGfLC & EuroGym €750
 - per participant (gymnast/coach/chaperone) must be paid in full for your team. Invoice will be issued from GI prior to this date.

March 2026

- **27th March 2026:** Forth Payment
 - EGfLC €500 per participant (gymnast/coach/chaperone) must be paid in full for your team. Invoice will be issued from GI prior to this date.
 - Eurogym €500 per participant (gymnast/coach/chaperone) must be paid in full for your team. Invoice will be issued from GI prior to this date.
 - Both EGfLC & Eurogym €750
 - per participant (gymnast/coach/chaperone) must be paid in full for your team. Invoice will be issued from GI prior to this date.



May 2026

- **30th & 31st May 2026: The Floor**
National Indoor Arena, Sport Ireland Campus, Snugborough Rd, Blanchardstown,
Dublin 15, D15 EPN4

July 2026

- **8th July 2026:** Teams participating in **EGfLC** arrive in Pistoia, Italy.
- **9th - 11th July 2026:** Teams participate in **EGfLC**
- **11th July 2026:** Teams participating in **EuroGym** arrive in Pistoia, Italy.
- **12th July 2026:** Teams participating in **EGfLC** depart Pistoia, Italy.
- **12th – 16th July 2026:** Teams participate in **EuroGym** festival
- **17th July 2026:** Teams participating in **EuroGym** depart Pistoia, Italy.

Section 6 – About Pistoia

6.1 Pistoia

Area: 236 SQUARE KM

Population: 88.871

Density: 376 INHABITANTS/SQUARE KM

Location: About 30 kilometers from the center of Florence (only 25 minutes by train)

Pistoia and its Province are located in the heart of Tuscany, ideal location to reach the other famous cities in the region. Small, easy to get around, less crowded and less expensive than the more famous destinations, Pistoia is a quiet and welcoming city of art: the ideal destination for slow tourism away from mass tourist itineraries.

The city and its surrounding area offer interesting and prestigious artistic itineraries, nature and gastronomy. With a day trip you can visit cities of art and villages, you can relax at the spa, you can sunbathe on the beaches of Versilia, go skiing in Abetone or trekking in the nearby hills.



6.1 City of Culture

In 2017 Pistoia was named Italian Capital of Culture, a recognition that enhanced its extraordinary historical, artistic and cultural heritage. During the year, the city hosted numerous events, exhibitions and initiatives that highlighted its identity, from medieval tradition to contemporary art.

The title has allowed us to rediscover symbolic places such as Piazza del Duomo, the Ospedale del Ceppo, the Fabroniana Library and the Pistoia Sotterranea, as well as promoting important festivals such as the Pistoia Blues and the Dialogues on Man.

The event also encouraged tourism and the valorisation of the territory, strengthening the link between culture and economic development.

Even today, the legacy of Pistoia Capital of Culture 2017 is reflected in the cultural liveliness of the city, which continues to be a point of reference for art, music and literature in Tuscany and Italy.



6.1 6.3 Climate

In July, Pistoia, located in the Tuscany region of Italy, experiences hot and humid summer weather. You can expect average daytime temperatures to range from 82°F (28°C) to 90°F (32°C), with temperatures sometimes exceeding 95°F (35°C). July is one of the hottest months in the area, characterized by predominantly sunny days, though some rainy days can occur.

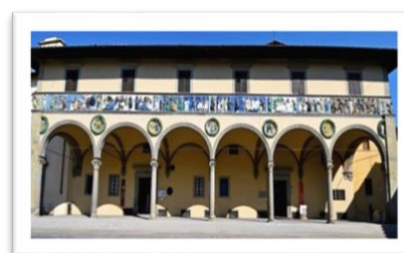
6.1 6.4 Main Attractions

Pistoia offers a mix of cultural, historical and sporting attractions that make it a fascinating destination for visitors and residents.



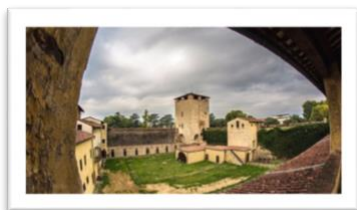
Piazza del Duomo – The historic heart of the city, surrounded by medieval buildings such as the Cathedral of San Zeno, the Baptistery of San Giovanni in Corte and the Palazzo dei Vescovi.

Ospedale del Ceppo – Famous for the Della Robbia frieze in polychrome ceramic, which depicts scenes of hospital life.



Church of San Bartolomeo in Pantano and Church of San Giovanni Fuorcivitas – Treasures of Pistoia Romanesque art.





Fortezza Santa Barbara – Built by the Medici, today it hosts events and shows.

Civic Museum and Palazzo Fabroni – They house important art collections and contemporary exhibitions.



Pistoia Underground – A fascinating journey beneath the city that traces its history through tunnels and ancient buildings.

San Giorgio Library – One of the most modern and active libraries in Tuscany, with numerous cultural initiatives.



Cultural events – The Pistoia Blues Festival, which attracts internationally renowned artists, and the anthropology festival Dialoghi sull’Uomo.

Pistoia combines history, art and sport in a lively context, offering attractions for all tastes.

CONTACT US

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