



Spectator Information

Trampoline

Sunday 26th October 2025

Venue: Sport Ireland National Indoor Arena, Dublin

Admission Price:

ENTRY	PER TICKET
Adult	€13.00
Child	€6.50
Family (2 adults & 2 children or 1 adult & 3 children)	€32.50
Book tickets for this event at www.gymnasticsireland.com	

Registration/Competition Times & Levels

Flight	Reg	Floor Warm up	TRA Warm up	Comp	TRA Panel 1	TRA Panel 2
1	10:00	10:05-10:20	10:20-11:00	11:10	Intro 6-8 (2)	Intro 9-10 (7)
					Intro 11-12 (12)	Intro 13+ (10)
2	11:00	11:05-11:20	11:20-12:00	12:10	Level 1 11-12 (5)	Level 1 13-14 (6)
					Level 1 9-10 (6)	Level 1 7-8 (1)
3	12:00	12:05-12:20	12:20-13:00	13:10	Level 2 11-12(5)	Level 2 13+ (16)
					Level 2 9-10 (1)	
					Level 2 7-8(1)	
					Level 2 13+ (M) (3)	
JUDGES LUNCH 14:10-14:40						

Flight	Reg	Floor Warm up	TRA Warm up	Comp	TRA Panel 1	TRA Panel 2
4	13:15	13:20-13:35	13:35-14:30	14:40	Level 3 15+ (6)	Level 3 9-10 (2)
					Level 3 11-12 (6)	Level 3 13-14 (13)
5	14:15	14:20-14:35	14:35-15:30	15:40	Level 4 13-14 (3)	Level 4 15+ (9)
					Level 4 11-12 (4)	
6	15:15	15:20-15:35	15:35-16:30	16:40	Level 5 11-12 (1)	
					Level 5 13-14 (1)	
					Level 5 15-16 (4)	
					Level 5 17+ (2)	

Additional Information:

1. *Hello Deer* will be filming the official highlight video and will be posting photos to our social media pages throughout the competition,
2. Our official kit partner Quatro will be onsite in the medal zone, selling gymnastics apparel including the Gymnastics Ireland fan range.
3. *Please note: Only authorised personnel (staff, coaches, judges, gymnasts, and emergency services) will be allowed in warm up and competition area.*