



Spectator Information

Acrobatic Gymnastics

Sunday 22nd March 2026

Venue: Sport Ireland National Indoor Arena, Dublin

Admission Price:

ENTRY	PER TICKET
Adult	€13.00
Child	€6.50
Family (2 adults & 2 children or 1 adult & 3 children)	€32.50

Book tickets for this event at www.gymnasticsireland.com

Competitions Times & Levels

WU1: Registration Time (Please contact your club to confirm)

Session 5

	WU1	WU2	WU3	WU4	WA					START
806	9:04	9:07	9:17	9:37	9:57	Bal	Ava Cosgrave / Laragh Whelan	ASPIRE GYMNASTICS ACADEMY	Pre-Youth - W2	P1 10:00
802	9:08	9:11	9:21	9:41	10:01	Bal	Katie Donoghue / Nykia Quigley	GYMSTARS WEXFORD	Pre-Youth - W2	P1 10:04
804	9:12	9:15	9:25	9:45	10:05	Bal	Gracie Thomas / Karla Goff	WEXFORD GYMNASTICS CLUB	Pre-Youth - W2	P1 10:08
803	9:16	9:19	9:29	9:49	10:09	Bal	Millie Butler / Amelie Tessyman	CORK ACROBATICS CLUB	Pre-Youth - W2	P1 10:12
807	9:20	9:23	9:33	9:53	10:13	Bal	Ruby Cosgrave / Rita Nunes / Sophie Polaniecka	ASPIRE GYMNASTICS ACADEMY	Pre-Youth - W3	P1 10:16
801	9:24	9:27	9:37	9:57	10:17	Bal	Sara O'Farrell / Kayla Somers / Freya Devereux	GYMSTARS WEXFORD	Pre-Youth - W3	P1 10:20
800	9:28	9:31	9:41	10:01	10:21	Bal	Lucia Fitzgerald / Jenna Duane / Sarah Hegarty	BALLINCOLLIG GYMNASTICS CLUB	Pre-Youth - W3	P1 10:24
854	9:32	9:35	9:45	10:05	10:25	Bal	Clara Duffy / Tara O'Neill	CARLOW GYMNASTICS CLUB	Youth - W2	P1 10:28
852	9:36	9:39	9:49	10:09	10:29	Bal	Emily Mc Carthy / Ava Guiney	CORK ACROBATICS CLUB	Youth - W2	P1 10:32
855	9:41	9:44	9:54	10:14	10:34	Bal	Sorcha Doyle / Fionnan O'Shaughnessy	CARLOW GYMNASTICS CLUB	Youth - Mx2	P1 10:37
850	9:45	9:48	9:58	10:18	10:38	Bal	Zoe O Hanlon / Ella Dorney / Eadaoin O Connell	BALLINCOLLIG GYMNASTICS CLUB	Youth - W3	P1 10:41
853	9:50	9:53	10:03	10:23	10:43	Bal	Kate Goff / Sophie Dempsey / Lily Stewart	WEXFORD GYMNASTICS CLUB	Youth - W3	P1 10:46
856	9:54	9:57	10:07	10:27	10:47	Bal	Millie Dwyer / Lily Kehoe / Lily Murphy	ASPIRE GYMNASTICS ACADEMY	Youth - W3	P1 10:50
851	9:59	10:02	10:12	10:32	10:52	Bal	Lauren Doyle / Emma Tuohy / Nadia Sandu	EXCEL GYMNASTICS CLUB	Youth - W3	P1 10:55
900	10:03	10:06	10:16	10:36	10:56	Bal	Charlotte Hendy / Rachel O'Grady / Emma O'Neill	CARLOW GYMNASTICS CLUB	Juniors - W3	P1 10:59
950	10:08	10:11	10:21	10:41	11:01	Bal	Emma Furlong / Kirstin Brennan	WEXFORD GYMNASTICS CLUB	Seniors - W2	P1 11:04
951	10:12	10:15	10:25	10:45	11:05	Bal	TJ Fenlon / Aaron Byrne	ASPIRE GYMNASTICS ACADEMY	Seniors - M2	P1 11:08
501	10:17	10:20	10:30	10:50	11:10	Bal	Sorcha Keogh / Aisling Long	BALLINCOLLIG GYMNASTICS CLUB	Grade 5 - W2	P1 11:13
500	10:21	10:24	10:34	10:54	11:14	Bal	Louise Claesson / Aisling O Leary / Sarah Barry Murphy	BALLINCOLLIG GYMNASTICS CLUB	Grade 5 - W3	P1 11:17
502	10:26	10:29	10:39	10:59	11:19	Bal	Chloe Payne / Kiera Gibbs / Molly Horahan	CARLOW GYMNASTICS CLUB	Grade 5 - W3	P1 11:22
503	10:30	10:33	10:43	11:03	11:23	Bal	Georgia Coffey / Saoirse O'Toole / Isabelle Coffey	CARLOW GYMNASTICS CLUB	Grade 5 - W3	P1 11:26
803	10:53	10:56	11:06	11:26	11:46	Dyn	Millie Butler / Amelie Tessyman	CORK ACROBATICS CLUB	Pre-Youth - W2	P1 11:49
804	10:57	11:00	11:10	11:30	11:50	Dyn	Gracie Thomas / Karla Goff	WEXFORD GYMNASTICS CLUB	Pre-Youth - W2	P1 11:53
806	11:01	11:04	11:14	11:34	11:54	Dyn	Ava Cosgrave / Laragh Whelan	ASPIRE GYMNASTICS ACADEMY	Pre-Youth - W2	P1 11:57
802	11:05	11:08	11:18	11:38	11:58	Dyn	Katie Donoghue / Nykia Quigley	GYMSTARS WEXFORD	Pre-Youth - W2	P1 12:01
801	11:09	11:12	11:22	11:42	12:02	Dyn	Sara O'Farrell / Kayla Somers / Freya Devereux	GYMSTARS WEXFORD	Pre-Youth - W3	P1 12:05
800	11:13	11:16	11:26	11:46	12:06	Dyn	Lucia Fitzgerald / Jenna Duane / Sarah Hegarty	BALLINCOLLIG GYMNASTICS CLUB	Pre-Youth - W3	P1 12:09
807	11:17	11:20	11:30	11:50	12:10	Dyn	Ruby Cosgrave / Rita Nunes / Sophie Polaniecka	ASPIRE GYMNASTICS ACADEMY	Pre-Youth - W3	P1 12:13

Sport Starts Here.

852	11:21	11:24	11:34	11:54	12:14	Dyn	Emily Mc Carthy / Ava Guiney	CORK ACROBATICS CLUB	Youth - W2	P1	12:17
854	11:25	11:28	11:38	11:58	12:18	Dyn	Clara Duffy / Tara O'Neill	CARLOW GYMNASTICS CLUB	Youth - W2	P1	12:21
855	11:29	11:32	11:42	12:02	12:22	Dyn	Sorcha Doyle / Fionnan O'Shaughnessy	CARLOW GYMNASTICS CLUB	Youth - Mx2	P1	12:25
856	11:33	11:36	11:46	12:06	12:26	Dyn	Millie Dwyer / Lilly Kehoe / Lily Murphy	ASPIRE GYMNASTICS ACADEMY	Youth - W3	P1	12:29
853	11:37	11:40	11:50	12:10	12:30	Dyn	Kate Goff / Sophie Dempsey / Lily Stewart	WEXFORD GYMNASTICS CLUB	Youth - W3	P1	12:33
851	11:41	11:44	11:54	12:14	12:34	Dyn	Lauren Doyle / Emma Tuohy / Nadia Sandu	EXCEL GYMNASTICS CLUB	Youth - W3	P1	12:37
850	11:45	11:48	11:58	12:18	12:38	Dyn	Zoe O Hanlon / Ella Dorney / Eadaoin O Connell	BALLINCOLLIG GYMNASTICS CLUB	Youth - W3	P1	12:41
900	11:49	11:52	12:02	12:22	12:42	Dyn	Charlotte Hendy / Rachel O'Grady / Emma O'Neill	CARLOW GYMNASTICS CLUB	Juniors - W3	P1	12:45
950	11:53	11:56	12:06	12:26	12:46	Dyn	Emma Furlong / Kirstin Brennan	WEXFORD GYMNASTICS CLUB	Seniors - W2	P1	12:49
951	11:57	12:00	12:10	12:30	12:50	Dyn	TJ Fenlon / Aaron Byrne	ASPIRE GYMNASTICS ACADEMY	Seniors - M2	P1	12:53
501	12:01	12:04	12:14	12:34	12:54	Dyn	Sorcha Keogh / Aisling Long	BALLINCOLLIG GYMNASTICS CLUB	Grade 5 - W2	P1	12:57
502	12:05	12:08	12:18	12:38	12:58	Dyn	Chloe Payne / Kiera Gibbs / Molly Horahan	CARLOW GYMNASTICS CLUB	Grade 5 - W3	P1	13:01
503	12:09	12:12	12:22	12:42	13:02	Dyn	Georgia Coffey / Saoirse O'Toole / Isabelle Coffey	CARLOW GYMNASTICS CLUB	Grade 5 - W3	P1	13:05
500	12:13	12:16	12:26	12:46	13:06	Dyn	Louise Claesson / Aisling O Leary / Sarah Barry Murphy	BALLINCOLLIG GYMNASTICS CLUB	Grade 5 - W3	P1	13:09

Session 6

	WU1	WU2	WU3	WU4	WA						START
602	13:00	13:03	13:13	13:33	13:53	Com	Lily Donoghue / Eimhin O'Sullivan / Eimear Kehoe	GYMSTARS WEXFORD	Aspire - W3	P1	13:56
607	13:04	13:07	13:17	13:37	13:57	Com	Sadhbh Murtagh / Chloe Donoghue / Aleah Lennon	EXCEL GYMNASTICS CLUB	Aspire - W3	P1	14:00
615	13:09	13:12	13:22	13:42	14:02	Com	Millie O'Brien / Rudi Rose Jordan / Hannah Kerr	CARLOW GYMNASTICS CLUB	Aspire - W3	P1	14:05
600	13:13	13:16	13:26	13:46	14:06	Com	Kayla O'Callaghan / Effie Harrington / Aoife Kelleher	BALLINCOLLIG GYMNASTICS CLUB	Aspire - W3	P1	14:09
609	13:18	13:21	13:31	13:51	14:11	Com	Phoebe Canning / Nicole Rossiter / Guste Kondrotaitė	WEXFORD GYMNASTICS CLUB	Aspire - W3	P1	14:14
604	13:22	13:25	13:35	13:55	14:15		Seodin Murphy / Charlotte Goff / Caoimhe Foley	GYMSTARS WEXFORD	Aspire - W3	P1	14:18
404	13:27	13:30	13:40	14:00	14:20	Com	Anna McCormack / Zoey Keane / Lucy Burke	GYMSTARS WEXFORD	Aspire - W3	P1	14:23
606	13:31	13:34	13:44	14:04	14:24	Com	Molly Ni Bhriain / Nathan Brady	EXCEL GYMNASTICS CLUB	Aspire - Mx2	P1	14:27
715	13:36	13:39	13:49	14:09	14:29	Bal	Annie McGuire / Caoimhe Cummins	ASPIRE GYMNASTICS ACADEMY	IDP - W2	P1	14:32
709	13:40	13:43	13:53	14:13	14:33	Bal	Lexi Kemp / Charlotte Hindes	FLIGHT GYMNASTICS CLUB	IDP - W2	P1	14:36
705	13:45	13:48	13:58	14:18	14:38	Bal	Leah Rea / Sonia Balanzin	CORK ACROBATICS CLUB	IDP - W2	P1	14:41
716	13:49	13:52	14:02	14:22	14:42	Bal	Hanna Wall / Pippa Fortune	ASPIRE GYMNASTICS ACADEMY	IDP - W2	P1	14:45
701	13:54	13:57	14:07	14:27	14:47	Bal	Saerlaith Mcsweeney / Lucy Swinburne	BALLINCOLLIG GYMNASTICS CLUB	IDP - W2	P1	14:50
708	13:58	14:01	14:11	14:31	14:51	Bal	Ava Moore / Rebecca Kerr	FLIGHT GYMNASTICS CLUB	IDP - W2	P1	14:54
714	14:03	14:06	14:16	14:36	14:56	Bal	Ella Hendy / Kayla Brown	CARLOW GYMNASTICS CLUB	IDP - W2	P1	14:59
710	14:07	14:10	14:20	14:40	15:00	Bal	Molly McCotter / Ruth Ingram	FLIGHT GYMNASTICS CLUB	IDP - W2	P1	15:03
718	14:12	14:15	14:25	14:45	15:05	Bal	Emma Gaffney / Aoibhe Ormonde	ASPIRE GYMNASTICS ACADEMY	IDP - W2	P1	15:08
702	14:16	14:19	14:29	14:49	15:09	Bal	Victoria Naimushyna / Paul Twohig	BALLINCOLLIG GYMNASTICS CLUB	IDP - Mx2	P1	15:12
717	14:21	14:24	14:34	14:54	15:14	Bal	Aoibheann Dunne / Ivan Osokin	ASPIRE GYMNASTICS ACADEMY	IDP - Mx2	P1	15:17
700	14:25	14:28	14:38	14:58	15:18	Bal	Eve O'Mahony / Ruby O'Callaghan / Sarah O Connell	BALLINCOLLIG GYMNASTICS CLUB	IDP - W3	P1	15:21
711	14:30	14:33	14:43	15:03	15:23	Bal	Kaja Arnold / Elena Placido Hicks / Kara Long	FLIGHT GYMNASTICS CLUB	IDP - W3	P1	15:26
703	14:34	14:37	14:47	15:07	15:27	Bal	Milana Riabko / MacKenzie Molloy / Caitlin Finnegan	GYMSTARS WEXFORD	IDP - W3	P1	15:30
704	14:39	14:42	14:52	15:12	15:32	Bal	Freya Hogan / Cadhia Kearney / Ruby Casey	CORK ACROBATICS CLUB	IDP - W3	P1	15:35
706	14:43	14:46	14:56	15:16	15:36	Bal	Hannah Furlong / Sara Cullen / Faye O'Callaghan	WEXFORD GYMNASTICS CLUB	IDP - W3	P1	15:39
712	14:48	14:51	15:01	15:21	15:41	Bal	Olivia Connolly / Dervla Meenehan / Rhian Ferguson	FLIGHT GYMNASTICS CLUB	IDP - W3	P1	15:44
909	14:52	14:55	15:05	15:25	15:45	Bal	Emma-Lily Connors / Kayleigh Golden / Ella Scanlon	WEXFORD GYMNASTICS CLUB	IDP - W3	P1	15:48
713	14:57	15:00	15:10	15:30	15:50	Bal	Isla Brand / Eden Milliken / Ellie McKeown	FLIGHT GYMNASTICS CLUB	IDP - W3	P1	15:53
701	15:14	15:17	15:27	15:47	16:07	Dyn	Saerlaith Mcsweeney / Lucy Swinburne	BALLINCOLLIG GYMNASTICS CLUB	IDP - W2	P1	16:10
708	15:18	15:21	15:31	15:51	16:11	Dyn	Ava Moore / Rebecca Kerr	FLIGHT GYMNASTICS CLUB	IDP - W2	P1	16:14
716	15:22	15:25	15:35	15:55	16:15	Dyn	Hanna Wall / Pippa Fortune	ASPIRE GYMNASTICS ACADEMY	IDP - W2	P1	16:18
714	15:26	15:29	15:39	15:59	16:19	Dyn	Ella Hendy / Kayla Brown	CARLOW GYMNASTICS CLUB	IDP - W2	P1	16:22
715	15:30	15:33	15:43	16:03	16:23	Dyn	Annie McGuire / Caoimhe Cummins	ASPIRE GYMNASTICS ACADEMY	IDP - W2	P1	16:26
709	15:34	15:37	15:47	16:07	16:27	Dyn	Lexi Kemp / Charlotte Hindes	FLIGHT GYMNASTICS CLUB	IDP - W2	P1	16:30
705	15:38	15:41	15:51	16:11	16:31	Dyn	Leah Rea / Sonia Balanzin	CORK ACROBATICS CLUB	IDP - W2	P1	16:34
718	15:42	15:45	15:55	16:15	16:35	Dyn	Emma Gaffney / Aoibhe Ormonde	ASPIRE GYMNASTICS ACADEMY	IDP - W2	P1	16:38
710	15:46	15:49	15:59	16:19	16:39	Dyn	Molly McCotter / Ruth Ingram	FLIGHT GYMNASTICS CLUB	IDP - W2	P1	16:42
717	15:50	15:53	16:03	16:23	16:43	Dyn	Aoibheann Dunne / Ivan Osokin	ASPIRE GYMNASTICS ACADEMY	IDP - Mx2	P1	16:46
702	15:54	15:57	16:07	16:27	16:47	Dyn	Victoria Naimushyna / Paul Twohig	BALLINCOLLIG GYMNASTICS CLUB	IDP - Mx2	P1	16:50
713	15:58	16:01	16:11	16:31	16:51	Dyn	Isla Brand / Eden Milliken / Ellie McKeown	FLIGHT GYMNASTICS CLUB	IDP - W3	P1	16:54
703	16:02	16:05	16:15	16:35	16:55	Dyn	Milana Riabko / MacKenzie Molloy / Caitlin Finnegan	GYMSTARS WEXFORD	IDP - W3	P1	16:58
704	16:06	16:09	16:19	16:39	16:59	Dyn	Freya Hogan / Cadhia Kearney / Ruby Casey	CORK ACROBATICS CLUB	IDP - W3	P1	17:02
711	16:10	16:13	16:23	16:43	17:03	Dyn	Kaja Arnold / Elena Placido Hicks / Kara Long	FLIGHT GYMNASTICS CLUB	IDP - W3	P1	17:06
706	16:14	16:17	16:27	16:47	17:07	Dyn	Hannah Furlong / Sara Cullen / Faye O'Callaghan	WEXFORD GYMNASTICS CLUB	IDP - W3	P1	17:10
700	16:18	16:21	16:31	16:51	17:11	Dyn	Eve O'Mahony / Ruby O'Callaghan / Sarah O Connell	BALLINCOLLIG GYMNASTICS CLUB	IDP - W3	P1	17:14
909	16:22	16:25	16:35	16:55	17:15	Dyn	Emma-Lily Connors / Kayleigh Golden / Ella Scanlon	WEXFORD GYMNASTICS CLUB	IDP - W3	P1	17:18
712	16:26	16:29	16:39	16:59	17:19	Dyn	Olivia Connolly / Dervla Meenehan / Rhian Ferguson	FLIGHT GYMNASTICS CLUB	IDP - W3	P1	17:22
608	16:30	16:33	16:43	17:03	17:23	Com	Teagan O'Reilly / Sophia Rentes	EXCEL GYMNASTICS CLUB	Aspire - W2	P1	17:26
612	16:35	16:38	16:48	17:08	17:28	Com	Emily Fehily / Isabelle Clarke	WEXFORD GYMNASTICS CLUB	Aspire - W2	P1	17:31
616	16:39	16:42	16:52	17:12	17:32	Com	Emma Roche / Lexie Finn	CARLOW GYMNASTICS CLUB	Aspire - W2	P1	17:35
603	16:44	16:47	16:57	17:17	17:37	Com	Maddie Hyland / Madison Brazzill	GYMSTARS WEXFORD	Aspire - W2	P1	17:40
614	16:48	16:51	17:01	17:21	17:41	Com	Joy Milliken / Niamh Mulgrew	FLIGHT GYMNASTICS CLUB	Aspire - W2	P1	17:44
601	16:53	16:56	17:06	17:26	17:46	Com	Ciara O'Callaghan / Georgia O'Driscoll	BALLINCOLLIG GYMNASTICS CLUB	Aspire - W2	P1	17:49
605	16:57	17:00	17:10	17:30	17:50	Com	Layli Chadwick / Jedidja Kamp	LIBERTY GYMNASTICS CLUB	Aspire - W2	P1	17:53
611	17:02	17:05	17:15	17:35	17:55	Com	Leah Connors / Maria Hodnett	WEXFORD GYMNASTICS CLUB	Aspire - W2	P1	17:58
613	17:06	17:09	17:19	17:39	17:59	Com	Lucy Wilkinson / Emily McClune	FLIGHT GYMNASTICS CLUB	Aspire - W2	P1	18:02
610	17:11	17:14	17:24	17:44	18:04	Com	Alicia Camarero / Emilia Wnuk	WEXFORD GYMNASTICS CLUB	Aspire - W2	P1	18:07

Sport Starts Here.

Additional Information:

1. Photos of this event will be uploaded throughout the day on our social media channels with a highlights video published at the end of each event day on our [Facebook page](#). All photos and videos are captured by *Hello Deer Media*.
2. By entering and by your presence at the Gymnastics Ireland event, you consent to be photographed, filmed and/or otherwise recorded. Your entry to the event constitutes your consent to such photography, filming and/or recording and to any use, in any and all media, of your appearance for any purpose whatsoever in connection with the productions for Gymnastics Ireland and Sport Ireland including official Gymnastics Ireland partners for the duration of those partnerships, including, by way of example only, use on websites, in social media, news and advertising.
3. Quatro Gymnastics will be on site with a wide range of leos and gymnastics apparel, including the Gymnastics Ireland fan range.
4. Please note: Only authorised personnel (staff, coaches, judges, gymnasts, volunteers and emergency services) will be allowed in warm up and competition area.