

GYMNAST CODE OF CONDUCT 2026-27 (NATIONAL SQUAD)

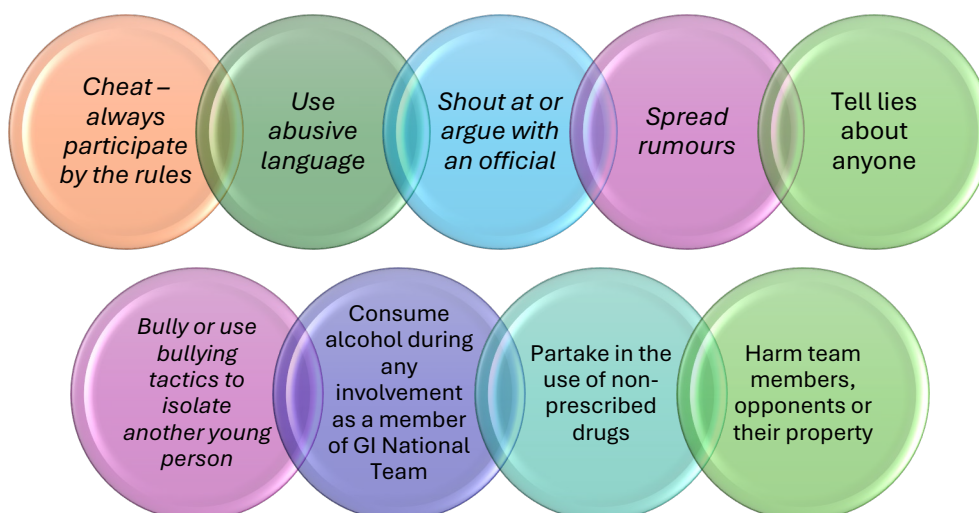
This Code of Conduct is valid for the above National Squad Year and applies to all activities regarding a gymnasts' involvement with a Gymnastics Ireland (GI) National Team including but not limited to training sessions, camps, meetings, travel and competitions.

GI recognises the important role that young people play in our organisation. Every gymnast is encouraged to realise that they also have responsibilities to treat others with fairness and respect and do not discriminate against others, whether directly or indirectly, for any reason, including on the grounds of their gender, civil status, family status, sexual orientation, religion, age, disability, race, membership of the Traveller community or any other ground protected under the Equal Status Acts. Representing your country is a huge honour and as a member of a National Team, please remember you are in a privileged position and one that many gymnasts aspire to. You are encouraged to accept responsibility for your own behaviour and performance in training, in competition and during any occasion when representing Gymnastics Ireland.

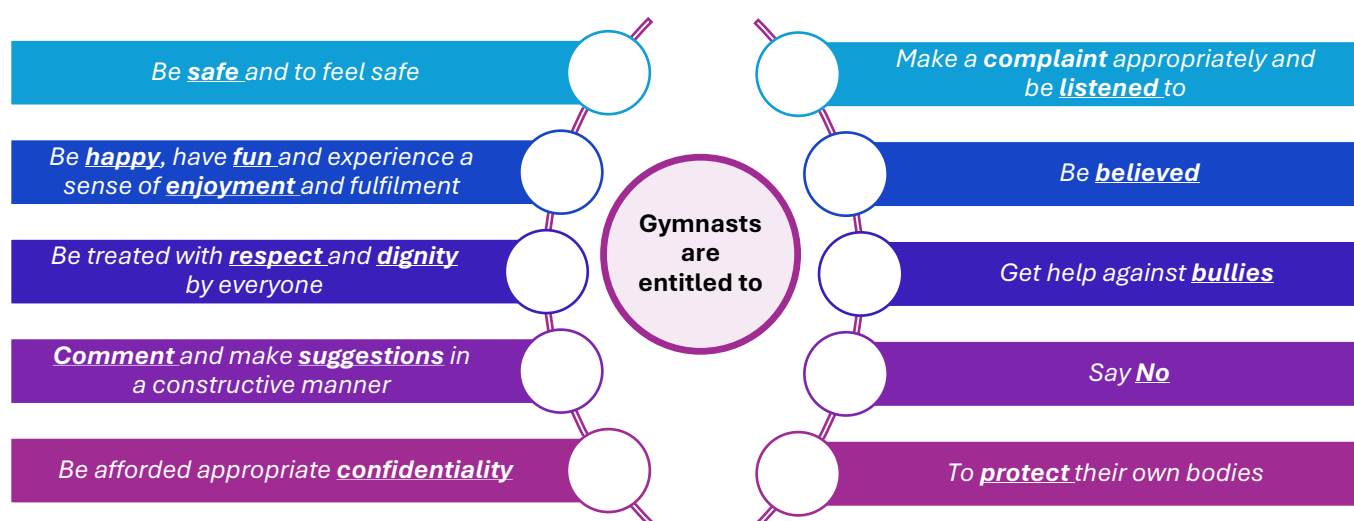
AS A MEMBER OF A NATIONAL TEAM - GYMNASTS SHOULD UNDERTAKE TO:

- *Respect all decisions made by the Head of Delegation (HOD) and National Performance Coach (NPC)/Head Coach appointed by Gymnastics Ireland*
- *Adhere to all elements of the Gymnastics Ireland International Travel Policy such as;*
 - *Delegation rules in hotel/hotel rooms, clothing/appearance/eating habits and alcohol policy*
 - *Attend all training sessions and control competition/s as required*
 - *Agree to the financial contractual agreement with Gymnastics Ireland*
 - *Travel and stay with the team for the duration of the trip unless otherwise agreed by HOD & Director of Performance & Technical*
 - *Participate fairly, do your best and enjoy yourself*
 - *Represent yourself, your family, your club and country with pride and dignity*
 - *Respect and listen to officials and accept their decisions gracefully;*
 - *Thank opponents and officials at the end of an event*
 - *Respect fellow team members giving them support whether they do well or not so well*
 - *Respect opponents and be modest in victory and gracious in defeat*
 - *Set high standards of FAIR PLAY for others to follow*
 - *Conduct yourself with the utmost professionalism and represent GI in a positive way. Never do, say or suggest anything that may bring GI and/or any of its members into disrepute. This also refers to any comments made on any social media sites/apps*
 - *Approach the team's Head of Delegation or an adult member of the delegation with any concerns or questions you may have*
 - *Wear the necessary attire as advised by Gymnastics Ireland*
 - *Always check with the Head of Delegation before going anywhere, never go anywhere on your own*
 - *Partake in media events and team photos as directed by Gymnastics Ireland*
 - *Understand that image rights arising from the event remain the property of Gymnastics Ireland and may be used by Gymnastics Ireland for future publicity*
 - *Ensure that any personal sponsorship obtained is in accordance with current Gymnastics Ireland policies. These are available on request*
 - *Review, comply with and be bound by Gymnastics Ireland's Diversity, Equity, Inclusion and Belonging (DEIB) Policy/Strategy.*

GYMNASTS SHOULD NOT:



Gymnasts must not harass or discriminate (directly or indirectly) against other members of Gymnastics Ireland and opponents on the basis of their gender, civil status, family status, sexual orientation, religion, age, disability, race, membership of the Traveller community or any other ground protected under the Equal Status Acts. Any allegations made in this regard may be dealt with under GI's Anti-Bullying policy, Anti-Harassment and Anti-Discrimination policy, or where appropriate, the Complaints & Disciplinary Rules & Procedures.



Your signature is not required on this Code of Conduct - It is compulsory to complete the annual Gymnastics Ireland National Squad Acceptance Form, and the Declarations Section of that form confirms that you have read the National Squad Gymnast Code of Conduct and the policies & procedures of Gymnastics Ireland and agree to abide by their contents as a member of the National team/squad. **For gymnasts under 18, the parent/guardian provides this consent on behalf of the minor.**

A breach of this Code of Conduct could result in disciplinary action under Gymnastics Ireland Complaints and Disciplinary Rules & Procedures.

Sport Starts Here.