

ADULT MEMBER (non-gymnast/coach) CODE OF CONDUCT 2026-27

This Code of Conduct is valid for the National Squad year above and applies to all activities regarding an adult member of the National Team (non-gymnast/coach) including but not limited to training sessions, camps, meetings, travel and competitions.

Being part of a National Team and representing Gymnastics Ireland (GI) is a privilege and, as such, comes with many responsibilities. All delegation members selected to travel with a National Team in the capacity of a non-gymnast/coach agree to comply to this Code of Conduct and all of Gymnastics Ireland's policies and procedures.

As a member of the National Team travelling, I agree to:

- Respect all decisions made by the Head of Delegation (HOD) and Head Coach appointed by GI.
- Respect the rights, dignity and worth of every person, including but not limited to officials, volunteers and opponents (including participating countries) and treat each one equally regardless of age, gender, civil status, family status, sexual orientation, religion, disability, membership of the Traveller community or any other ground protected under the Equal Status Acts.
- Challenge bullying in any form i.e physical or emotional. Bullying is not an accepted behaviour towards anyone in Gymnastics Ireland - child, coach, volunteer or parent. Coaches must comply with GI's anti-bullying policy. Any breach of this policy may be dealt with under the Complaints & Disciplinary Rules & Procedures.
- Ensure that nobody acts towards or speaks to another person in a manner or engages in any other conduct which threatens, disparages, humiliates, vilifies, intimidates, discriminates, offends or insults another person on the basis of that person's age, gender, civil status, family status, sexual orientation, religion, race, disability, membership of the Traveller community or any other ground protected under the Equal Status Acts.
- Behave with the utmost professionalism and represent GI in a positive way. Never do, say or suggest anything that may bring GI and/or any of its members into disrepute and ensure to set a good example for all other delegation members. This also refers to any comments made on social media sites/apps.
- Never use social media or social media apps for the distribution of offensive content, to taunt, bully or racially abuse others.
- Never use foul language or provocative language/gestures to a gymnast, opponents, officials or colleagues and never lose your temper.
- Have knowledge of and adhere to the Gymnastics Ireland Policies.
- Put the welfare of all children/young adults before anything else.
- Never undertake any form of therapy (hypnosis etc), in the training of a young gymnast.
- Avoid any inappropriate touching when assisting any gymnast to perform a technique or if First Aid is being administered. Physical contact should only occur when necessary, in an open and appropriate way and always be intended to meet the needs of the gymnast.
- Do not encourage or allow gymnasts to perform while injured. (Keep an accurate record of each injury and ensure another team official is present when a gymnast is being attended to and can corroborate the relevant details – inform the HOD/Head Coach to complete the Accident/Incident form).
- Ensure appropriate confidentiality to all gymnasts, as you may be privy to information about the young person or their family.
- Assist the HOD to ensure that supervision levels for any gymnast are appropriate throughout the event.
- Assist the HOD in any role assigned by them including compliance with all regulations by all delegation members (including gymnasts) and report any breaches to the HOD.
- Never enter, before, during or after, the sporting environment in which the sport is being conducted, unless authorised to do so.

- Carry out duties such as changing room/hotel room checks without compromising yourself or the privacy of those using them.
- If necessary, seek guidance from the HOD or GI regarding any welfare issue
- Promote a culture that ensures all young people (and adults) are listened to and respected and in which their welfare is put first.
- Respect the decisions of all referees/officials, committees and councils.
- Be punctual and properly attired as per GI policy and display high standards of appearance.
- Always represent Gymnastics Ireland in a positive way (i.e. appearance, behaviour, dress code). Never do or say or suggest anything that may bring Gymnastics Ireland and/or any of its members into disrepute. This also refers to any comments made on social media sites/apps.
- The consumption of non-prescribed drugs is prohibited. Refrain from using tobacco products in the company of gymnasts and within the competition area.
- Consumption of alcohol is forbidden in the company of any gymnast (including gymnast accommodation venue), irrespective of whether you are signed off from your responsibility or not. Never consume alcohol in excess at any time and/or to the extent that it may impair your judgement, endanger others or cause offence.
- Behave responsibly if attending “Banquet” type events.
- Report incidents/accidents in accordance with and as required by Gymnastics Ireland Rules & Regulations.
- Report misconduct or breaches of Gymnastics Ireland’s Rules & Regulations and cooperate with any investigations in respect of this.
- Be aware and understand that any breach or failure to adhere to this Code of Conduct may result in an investigation being conducted under the Complaints & Disciplinary Rules & Procedures.
- Review, comply with and be bound by Gymnastics Ireland’s Diversity, Equity, Inclusion and Belonging (DEIB) Policy/Strategy.

Your signature is not required on this Code of Conduct - It is compulsory to complete the annual Gymnastics Ireland National Squad Data Form and the Declarations Section of that form confirms that you have read the National Team Adult Member Code of Conduct, and the policies & procedures of Gymnastics Ireland, and agree to abide by their contents in your capacity/role with the National Team.

Any failure to adhere to this Code of Conduct, which includes any allegation of bullying, discrimination and or harassment, whether directly or indirectly, may be dealt with under Gymnastics Ireland's Anti-Bullying Policy, Anti-Harassment and Anti-Discrimination Policy and where appropriate, the Complaints & Disciplinary Rules & Procedures.