



General Information & Award Categories

Sport Starts Here.



1. GENERAL INFORMATION

- Nominees must be current Gymnastics Ireland members – membership numbers of nominees must be provided with submission of nomination.
- Nominations are to be submitted by Gymnastics Ireland members/member clubs only, with the exception of awards as nominated/appointed by the awarding panel/Gymnastics Ireland management. Membership numbers of those nominating must also be provided with submission of nomination.
- Nominations will only be accepted via Survey Monkey with all requested information completed.
- The factors included in the award categories description should be addressed when completing nominations.
- Nominations should be for the calendar year 2025.
- Nominations are considered & selected by the Gymnastics Ireland awarding panel. Certain awards will be by direct appointment by the panel based on specific achievements and others will be considered from a shortlist of nominees submitted by the membership. The awarding method is defined for each category as per section 2 'Award Categories' in this document.
- Some winners will automatically be announced, but in other cases and based on the calibre of entries, Gymnastics Ireland may decide to shortlist to 3 finalists, with the winner being announced on the night.
- Gymnastics Ireland will invite at its cost all winners, which will include in the case of individual winners two tickets (winner + 1 guest ticket) and in the case of clubs, two tickets per club. Additional tickets on a first come, first served basis, can then be purchased whereby, for example, a club will have the opportunity to take an additional 8/10 tickets thereby securing a full table of 10/12 persons at the evening (ticket prices TBC shortly).

➤ **Timeframe...**

- **Friday September 12th 2025: Save the Date**
- **Friday September 19th: Award categories and nomination process information released.**
- **Friday October 17th 2025: Deadline for nominations**
- **Friday November 7th 2025: Announcement of winners/shortlisted finalists**
- **Saturday December 6th 2025: National Awards Evening**



2. AWARDS CATEGORIES

2.1 Awards open for nomination by membership

GymSTART Coach of the Year

The Gymnastics Ireland 'GymSTART Coach of the Year' award for 2025 will be awarded to an individual who has demonstrated key skills and ability in the development and running of a solid participation-based club programme. This award is open to nomination from the membership.

Factors to consider in completing nominations include:

- Type of programme
- Achievement(s) during the calendar year relevant
- Significance of achievement(s)

GymSTART Gymnast of the Year

The Gymnastics Ireland 'GymSTART Gymnast of the Year' award for 2025 will be awarded to an individual who has excelled throughout the year within this programme in their respective club. This award is open to nomination from the membership.

Factors to consider in completing nominations include:

- Personal achievement(s) during the calendar year
- Significance of achievement(s)

GymSTART Club of the Year

The Gymnastics Ireland 'GymSTART Club of the Year' award will go to a club that has demonstrated a successful and engaging club programme throughout 2025.

Factors to consider in completing nominations include:

- Summary of programme
- Examples of programme engagement
- Achievement(s) over the period
- Significance of achievement(s)



JumpSTART Coach of the Year

The Gymnastics Ireland 'JumpSTART Coach of the Year' award for 2025 will be an individual who is demonstrated key skill and ability in the development and running of a solid inclusive club programme. This award is open to nomination from the membership.

Factors to consider in completing nominations include:

- Type of programme
- Achievement(s) during the calendar year relevant
- Significance of achievement(s)

JumpSTART Gymnast of the Year

The Gymnastics Ireland 'JumpSTART Gymnast of the Year' award for 2025 will be awarded to an individual who has excelled throughout the year with their respective club. This award is open to nomination from the membership.

Factors to consider in completing nominations include:

- Personal achievement(s) during the calendar year
- Significance of achievement(s)

JumpSTART Club of the Year

The Gymnastics Ireland 'JumpSTART Club of the Year' award will go to a club that has demonstrated a successful and engaging club programme throughout 2025.

Factors to consider in completing nominations include:

- Summary of programme
- Examples of programme engagement
- Achievement(s) over the period
- Significance of achievement(s)



‘The Floor’ Display Club of the Year

The Gymnastics Ireland ‘The Floor Display Club of the Year’ award will go to a club that has demonstrated a commitment to display gymnastics throughout 2025, through the development of their club display programme, interest in continuous club development around display gymnastics, as well as taking part in/supporting our national display event, The Floor, in 2025. Factors to consider in completing nominations include:

- Demonstration of display club programme development and growth.
- Evidence of participation in The Floor 2025 and the number of teams, entered, including age range of participants and inclusion/diversity. (e.g., a club may have a focus on teens or ensuring that all ages were included etc.).
- Significance of achievement(s)/ other display events that the club has attended (home and/or abroad)
- Coaches attending continuous professional development for display gymnastics.
- Promotion of display gymnastics on the club’s website and/or social media platforms.

GymABLE Coach of the Year

The Gymnastics Ireland ‘GymABLE Coach of the Year’ award for 2025 will be an individual who has demonstrated key skill and ability in the development and running of a solid inclusive club programme. This award is open to nomination from the membership.

Factors to consider in completing nominations include:

- Type of programme
- Achievement(s) during the calendar year relevant
- Significance of achievement(s)

GymABLE Gymnast of the Year

The Gymnastics Ireland ‘GymABLE Gymnast of the Year’ award for 2025 will be awarded to an individual who has excelled throughout the year with their respective club. This award is open to nomination from the membership.

Factors to consider in completing nominations include:

- Personal achievement(s) during the calendar year
- Significance of achievement(s)



GymABLE Club of the Year

The Gymnastics Ireland 'GymABLE Club of the Year' award will go to a club that has demonstrated a successful and engaging club programme throughout 2025.

Factors to consider in completing nominations include:

- Summary of the programme
- Examples of programme engagement
- Achievement(s) over the period
- Significance of achievement(s)

Inclusive Club of the Year

The Gymnastics Ireland 'Inclusive Club of the Year' award will go to a club that has demonstrated a commitment to creating a more diverse, equitable, and inclusive gymnastics community for all throughout 2025.

Factors to consider in completing nominations include:

- Demonstration of inclusivity across all areas of the club (e.g. programmes promoting inclusion across the community, championing diverse voices, assisting with the removal of barriers to access etc...)
- Links with external organisations that promote inclusivity and support underrepresented groups within gymnastics
- Achievement(s) over the period
- Significance of achievement(s)

National Series Coach of the Year

The Gymnastics Ireland 'National Series Coach of the Year' award for 2025 will be an individual who has demonstrated key skill and ability in the development and running of a solid development/competitive based club programme. This award is open to nomination from the membership.

Factors to consider in completing nominations include:

- Type of programme
- Achievement(s) during the calendar year relevant
- Significance of achievement(s)



National Series Gymnast of the Year

The Gymnastics Ireland 'National Series Gymnast of the Year' award for 2025 will be awarded to an individual who has excelled throughout the year in both training and national competition. This award is open to nomination from the membership.

Factors to consider in completing nominations include:

- Achievement(s) during the calendar year relevant
- Significance of achievement(s)

National Series Club of the Year

The Gymnastics Ireland 'National Series Club of the Year' award will go to a club that has demonstrated a successful and engaging club programme throughout 2025.

Factors to consider in completing nominations include:

- Summary of the programme
- Examples of programme engagement
- Achievement(s) over the period
- Significance of achievement(s)

Unsung Hero

The Gymnastics Ireland 'Unsung Hero' award for 2025 will be an individual who makes a massive contribution to the sport of gymnastics at club or national level and that goes above & beyond to put back into the sport. The recipient of this award may be a club staff or board/committee member, coach, judge, helper, etc.

Factors to consider in completing nominations include:

- Achievement(s) demonstrating as above
- Significance of achievement(s)



Display Coach of the Year

This award recognises a coach who embodies the spirit and values of Display Gymnastics, Gymnastics for All and Gymnastics for Life.

Through unwavering commitment, they have demonstrated outstanding leadership in the development and delivery of Display Gymnastics, embracing all aspects of the discipline—from creativity and choreography to inclusivity and team spirit.

Their dedication to continuous professional development and their passion for creating positive, lifelong experiences in gymnastics make them a true role model within Display Gymnastics. This coach not only inspires performance excellence but also fosters an environment where every gymnast in their club, regardless of age or ability, feels valued and empowered.

2.2 Awards made by direct appointment.

Gymnast of the Year

The Gymnastics Ireland ‘Gymnast of the Year’ award for 2025 will be awarded to an individual who has hit a standout performance or achieved a historic result within the calendar year. This award is made by direct appointment by the awarding panel based on submissions by Gymnastics Ireland management and is not open to nomination.

Rising Star

The Gymnastics Ireland ‘Rising Star’ award for 2025 will be an individual under 18 years of age who has hit a standout performance or achieved a historic result within the calendar year that demonstrated the ability to deliver significant international results for Ireland at senior international level in years to come. This award is made by direct appointment by the awarding panel based on submissions by Gymnastics Ireland management and is not open to nomination.

Coach of the Year - International

The Gymnastics Ireland ‘Coach of the Year - International’ award for 2025 will be an individual who has coached a gymnast who has delivered key international results or been a key player in producing standout international results within the calendar year. This award is made by direct appointment by the awarding panel based on submissions by Gymnastics Ireland management and is not open to nomination.



Coach of the Year - National

The Gymnastics Ireland 'Young Coach of the Year - National' award for 2025 will be an individual who is demonstrating skill and potential as a coach within the national system. This award is made by direct appointment by the awarding panel based on submissions by Gymnastics Ireland management and is not open to nomination.

Club Social & Digital Content

The Gymnastics Ireland 'Club Social & Digital Media Content' award for 2025 will be awarded to a club that has demonstrated successful member engagement and promotion of club activities through the use of social/digital media within the calendar year. This award is made by direct appointment by the awarding panel based on submissions by Gymnastics Ireland management and is not open to nomination.

Special Recognition

The Gymnastics Ireland 'Special Recognition' awards for 2025 will be awarded to individuals who have delivered a service to the sport that deserves special recognition. These awards will be made by direct appointment by the awarding panel based on submissions by Gymnastics Ireland management and are not open to nomination. Special recognition categories are flexible and can include gymnasts, coaches, judges/officials, young leaders, support personnel etc. and may vary from year to year.

Deadline for nominations is Friday October 17th 2025

Nominations are to be submitted online via Survey Monkey
<https://www.surveymonkey.com/r/LWCY88B>