



Spectator Information:

JumpSTART Competition - Tumbling

Sunday 26th April 2026

Venue: Sport Ireland National Indoor Arena, Dublin

Admission Price:

ENTRY	PER TICKET
Adult	€13.00
Child	€6.50
Family (2 adults & 2 children or 1 adult & 3 children)	€32.50
Book tickets for this event at www.gymnasticsireland.com	

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Flight	Registration	Floor Warm up	NGTC Warm Up	FoP Warm UP	Competition	Tumbling Panel	Numbers	Medal Time
Session 1								
1	08:00-08:05	08:05-08:15	08:15-08:45	09:05-09:15	09:15	JumpSTART TUM Grade 1 7-8 yrs	13	
						JumpSTART TUM Grade 1 11-12 yrs	6	
							19	
								11:25
2	09:00-09:05	09:05-09:15	09:15-09:45	10:05-10:15	10:15	JumpSTART TUM Grade 1 9-10 yrs	20	
							20	

Flight	Registration	Floor Warm up	NGTC Warm Up	FoP Warm UP	Competition	Tumbling Panel	Numbers	Medal Time
Session 2								
1	11:00-11:05	11:05-11:15	11:15-11:50	12:10-12:20	12:20	JumpSTART TUM Grade 2 9-10 yrs	22	
						JumpSTART TUM Grade 2 6 yrs	1	
							23	
								14:30
2	12:00-12:05	12:05-12:15	12:15-12:50	13:10-13:20	13:20	JumpSTART TUM Grade 2 7-8 yrs	8	
						JumpSTART TUM Grade 2 11-12 yrs	16	
							24	
								14:30

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Tumbling Jump Start 26/04/2026 - V1 TimeTable								
Flight	Registration	Floor Warm up	NGTC Warm Up	FoP Warm UP	Competition	Tumbling Panel	Numbers	Medal Time
Session 3								
1	14:25-14:30	14:30-14:40	14:40-15:25	15:40-16:05	16:10	JumpSTART TUM Grade 2 13 yrs Plus	13	18:00
							13	
2	15:40-15:45	15:45-15:55	15:55-16:30	16:50-17:00	17:05	JumpSTART TUM Grade 3 13 yrs PLUS	6	18:00
						JumpSTART TUM Grade 3 9-10 yrs	6	
						JumpSTART TUM Grade 3 11-12 yrs	10	
							22	

Additional Information:

1. Photos of this event will be uploaded throughout the day on our social media channels with a highlights video published at the end of each event day on our [Facebook page](#). All photos and videos are captured by *Hello Deer Media*.
2. By entering and by your presence at the Gymnastics Ireland event, you consent to be photographed, filmed and/or otherwise recorded. Your entry to the event constitutes your consent to such photography, filming and/or recording and to any use, in any and all media, of your appearance for any purpose whatsoever in connection with the productions for Gymnastics Ireland and Sport Ireland including official Gymnastics Ireland partners for the duration of those partnerships, including, by way of example only, use on websites, in social media, news and advertising.
3. Quatro Gymnastics will be on site with a wide range of leos and gymnastics apparel, including the Gymnastics Ireland fan range.
4. Please note: Only authorised personnel (staff, coaches, judges, gymnasts, volunteers and emergency services) will be allowed in warm up and competition area.

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