




Section 1: Nomination Form	
Board Officer Position	Deputy Chair
Name of nominee for position above	Ruth Larragy
	Print Name
Proposed by	Natasha Condell (Excel GC)
Seconded by	Caomhan Murray (Excel GC)

Section 2: Nominee Information
<p>Each candidate being nominated should complete this information section in full having consulted the 'Board & Board Officer Role Description' document & associated 'GI Governance Brief'. This information will be circulated to the membership in advance of the AGM following assessment by the Nominations Panel to give members an insight into candidates' background, experience, qualifications and skills.</p>

<p>Background/Bio (250 words max)...</p> <p>Ruth Larragy has over 15 years' experience working in the biopharmaceutical sector. She holds a first-class honours degree in Biotechnology as well as a PhD in Biology from Dublin City University. Currently employed as a QC Associate Director in Bristol Myers Squibb (BMS), a global biopharmaceutical firm, Ruth has extensive experience in ensuring regulatory requirement adherence, operational excellence, project and change management.</p> <p>Ruth has been a member of the Gymnastics Ireland organisation for > 25 years and has been a member of the board since 2019. Ruth has been a qualified WAG judge in Ireland for circa 20 years, having first qualifying as a WAG Brevet judge in 2017.</p>



Sporting background/history (250 words max)...

Ruth has an extensive history competing in Swimming, Gymnastics and athletics in Ireland. A WAG Brevet judge, Ruth has served as an E panel judge at Europeans, European Youth Olympic Games and a D and E judge at other international competitions. Ruth is responsible for the delivery and assessment of Level 1 and 2 WAG judging education in Ireland and coordination of WAG judging at National Series events. Ruth is a member of Excel Gymnastics and also sits on the club committee, Excel Gymnastics is a multi-disciplinary club with gymnasts who compete in WAG, MAG, Acro and Rhythmic gymnastics. In her spare time Ruth enjoys and watches all sports, winter and summer disciplines.

Reason for wanting to join GI Board/Vision for GI Future (250 words max)...

I have been involved in gymnastics for most of my life, first as a gymnast and now as an active judge. I am very excited about the continued growth of gymnastics in Ireland, having watched the evolution of the sport over the past number of years. Having been a member of the GI board for the past 6 years I am excited to have an opportunity to continue on the work of the Gymnastics Ireland board with execution of the 2025-2028 strategic plan, to continue and develop the sport for all in Ireland over the coming years.

Section 3: Endorsements

Please list endorsements of other candidates below...

Candidate Name	Board Position