




Section 1: Nomination Form	
Board Officer Position	Member Representative Officer
Name of nominee for position above	Clare Sheehan
	Print Name
Proposed by	Neil Sheehan (Cork Acro GC)
Seconded by	Michelle Mooney (Cork Acro GC)

Section 2: Nominee Information
<p>Each candidate being nominated should complete this information section in full having consulted the 'Board & Board Officer Role Description' document & associated 'GI Governance Brief'. This information will be circulated to the membership in advance of the AGM following assessment by the Nominations Panel to give members an insight into candidates' background, experience, qualifications and skills.</p>

<p>Background/Bio (250 words max)...</p> <p>Clare is the manager and co owner of Cork Acro Gymnastics Club.</p> <p>Educational Background:</p> <p>Leisure and Recreation Management 1988 (City & Guilds)</p> <p>Social Studies (UCC 1996)</p> <p>Business Studies 2002</p> <p>QQI L6 Training Delivery & Evaluation (2017)</p> <p>QQIL6 Intellectual Disabilities Studies (Cork College of Commerce 2021)</p> <p>First Aid Responder Instructor PHECC (registered since 2017)</p> <p>Gymnastics Ireland Tutor Acrobatic Gymnastics.</p>



Experience/Skills

Clare has worked with children of all ages and levels including running a very successful GymABLE programme in the club. She has a child-centered approach to coaching and is genuinely interested in promoting positive experience in sport for every child/person. Having run a Gymnastics club for more than 30 years (13 years in a full-time facility) She has experience with many difficult situations and is always very logical in her approach to solving issues. She is a great supporter of Gymnastics Ireland and GI policies and would be interested in being part of the next phase of Gymnastics Irelands development.

Clare has held the role of National Children's Officer for Gymnastics Ireland since 2023.

Sporting background/history (250 words max)...

I, Clare started my gymnastics involvement at the age of 12 and was a member of a local community club, competing in community games, regional and national recreational level competitions. I loved every minute of my time as a gymnast and decided at 12 years of age that I would make coaching my career because of the positive impact my coaches had on me. I started coaching at the age of 16 and never stopped, achieving L3 coaching qualifications last year in acrobatic gymnastics.

I am an Acro Brevet Judge since 2017 and have represented Ireland on Judging panels at European Championships and World Cup events.

I am also a Tutor for GI in Acrobatic Gymnastics.

Reason for wanting to join GI Board/Vision for GI Future (250 words max)...

"Gymnastics Ireland has grown and developed so much in the past number of years I would be delighted to play a part in the next stages of the Development Plan.

As Gymnastics Ireland membership continues to grow year on year, it is important that the membership is represented at board level. My experience is with a club that started as a community club and has now developed into a full-time business. I have an understanding and experience of many issues that relate to clubs and membership and would like the opportunity to support the clubs/GI membership at Board level while also supporting the continued development of Gymnastics Ireland and its policies."

Section 3: Endorsements

Please list endorsements of other candidates below...

Candidate Name	Board Position